

Women in Ministry & Leadership Retreat 2025

# *A Gathering of Queens*

*Rejuvenate 2025*



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Myrtle Beach, SC



# Rejuvenate 2025

## Welcome to the Retreat

Designed for Women in Ministry and Leadership

*Dear Queen,*

Welcome to our much-anticipated Women in Ministry and Leadership retreat! We are thrilled to have you join us in this exclusive, serene and beautiful setting. Over the next few days, we hope you will find inspiration, relaxation, and a renewed sense of purpose.

### OUR GOALS FOR THE RETREAT

During our time together, we aim to create an environment that fosters relaxation, personal growth, and meaningful network connections. Whether you are here to reflect, recharge, or simply enjoy some time away from the hustle and bustle of daily life, we are committed to providing a supportive and enriching experience.

### WHAT TO EXPECT

Throughout the retreat, you will have the opportunity to participate in a variety of activities designed to nurture your mind, body, and spirit. From guided discussions and wholesome dining to spa treatments and fun social gatherings, there is something for everyone.







## HERE ARE A FEW HIGHLIGHTS:

- 👑 Discussion Groups: Engage in interactive sessions that encourage personal and professional development designed to enrich your ministry and leadership positions.
- 👑 Activities: Explore the natural beauty of the ocean views, sandy beach, indoor pool and exercise areas and especially the spa.
- 👑 Social Events: Connect with fellow participants during evening gatherings and group meals. Get to know your suite mates. Exchange contact information so you can stay in touch.

*Rejuvenate 2025*

## PRACTICAL INFORMATION

To ensure a comfortable and enjoyable stay, please keep the following in mind:

- 👑 Accommodations: You will be escorted to your suite by a hostess. If you have any questions, please do not hesitate to reach out to our staff.
- 👑 Meals: Dietary restrictions were requested in advance. All meals are provided. Chef Jeff will prepare special meals for those with specific requirements.
- 👑 Schedule: Feel free to join as many or as few activities as you wish; this is your retreat to tailor as you see fit. We do request that everyone attend the banquet on Saturday evening. A detailed itinerary is included here. [View Our Schedule](#) ➡

## Contact Information

Our team is here to support you throughout your stay. If you need any assistance, please contact us in the main suite or reach out to any staff member.

Thank you for choosing to spend your time with us. We hope this retreat provides you with the opportunity to relax, renew and rejuvenate. Enjoy every moment!

Warm regards, Vernease Miller, 704-807-5346, Crystal Melton, 516-445-7505, Elaine Stevens, 704-281-3001





# Meet Retreat Hosts

## Women in Ministry and Leadership



### **Deaconess Vernease Miller** Founder & Managing Director, Titus2Network

God called Deaconess Miller to spiritual service in 1992. She is assigned to be a teacher of good things to women and girls in the Titus 2 tradition. Her principal ministry goal is to teach principles of practical Christian living.

Recently, God expanded this assignment to include service to influencers in ministry and leadership by supporting them through the creation of a professional network that offers respite, innovative information sharing, and encouragement.

Deaconess Miller is a minister's wife. She is married to Rev. Keith D. Miller and served with him as First Lady to four churches. Rev. and Mrs. Miller reside in Charlotte, NC. They are grateful parents of three daughters and one son.

Deaconess Miller can be contacted at  
[VerneaseMiller@gmail.com](mailto:VerneaseMiller@gmail.com)  
[Titus2network.org](http://Titus2network.org)



### **Elder Crystal Melton** Founder, FYI Network

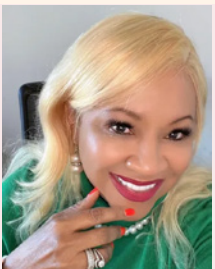
Elder Melton was ordained in July 2007. She serves alongside her husband, Bishop Isaac Melton at the Christian Light Missionary Baptist Church in Long Beach, NY. She has become a noted speaker for groups of women across the country from the boardroom to the pulpit.

Elder Melton is a woman of faith, a visionary leader, and CEO of Coach Crystal. The For Your Inspiration (FYI) Network, is a dynamic platform that empowers individuals to achieve their business goals, develop leadership skills, and unlock their full potential through

strategic guidance, powerful resources, and a supportive community. FYI is committed to providing innovative solutions, fostering meaningful connections, and delivering actionable insights that drive success in today's fast-evolving marketplace.

Bishop and Elder Melton reside in Westbury, NY, and are the proud parents of one daughter and one adopted son.

Elder Melton can be contacted at  
[NowLive1010@gmail.com](mailto:NowLive1010@gmail.com)  
[Omnitrition.com](http://Omnitrition.com)



### **Elaine Stevens, Ph.D** Relationship Specialist

Dr. Elaine Stevens is a nationally known Relationship Coach, TV/Radio Personality, Amazon best-selling Author, and Personal Development Advisor. She is passionate about relationships and has more than 20 years of experience as a Relationship Expert.

Dr. Stevens has authored countless articles for various publications, has worked on National Talk Shows, written several books, served on International Relationship Panels, and hosted her own Radio Show.

She worked with Fox TV, HBO, CBS, US Weekly, and Daily Dot, to name a few. She has led strategic relationship team building for International Organizations and countless keynote addresses, trainings, and workshops throughout the country. Her mission is to teach others how to recognize, obtain, and maintain healthy, fulfilling relationships.

Dr. Stevens is married and resides in Charlotte, NC.

She can be reached at  
[DrElaine@drelainestevens.com](mailto:DrElaine@drelainestevens.com).





## Spirit Force Ministries

☎ 704-807-5357

✉ bigkeith1@att.net

📍 Charlotte, NC

### Rev. Keith D. Miller

FOUNDER AND LEAD SERVANT

Dear Christian Women in Ministry and Leadership,  
It is with tremendous joy that I co-celebrate the launching of this spiritual retreat. The good news is that I can testify to God's intervention in the birthing process of this project from conception to implementation. This unique experience has been designed just for you.

To be sure, the Spirit of the Lord imparted every detail and design specification employed by your hosts. Their hearts and minds were open to the will of God, thus insuring a successful and productive fellowship.

I know without a shadow of doubt that the Spirit of the Lord will meet you in Myrtle Beach and revive you again for the ministry work and challenges ahead.

May God bless your time together and may your renewed spirit be used to continue uplifting the kingdom of God on earth.

Your co-laborer in Christ,

*Keith D. Miller*

*Rejuvenate 2025*





*Slowly inhale....  
now slowly exhale.*

Repeat three times.

Finally, the moment that you've been waiting for and the moment you so rightfully deserve is here.

For the next few days, it's all about you. It's about reconnecting with Sisters who like yourself need a respite from the rigors of life, husbands, children, occupations, social engagements, church missions and the litany of other dictates that compose this thing called life. You have met and dealt with the ebbs and flows of life. Now relish this time that God has chiseled out of time.

In the Book of the Preacher, Solomon said "To every thing there is a season, and a time to every purpose under the heaven." Ecc. 3:1

Beloved sisters, I encourage you to embrace this season. Take some "me time" to relax and unwind. Allow your weariness to be transformed to rest and your cares to flow into the sea.

## *Rejuvenate 2025*

Your mind and body yearn to be renewed, restored and yes, rejuvenated.

This new year is packed with promises that cannot be realized until you allow your body to be pampered and your mind to become clear again. Moreover, it's a sacred time to revive your spirit. Oftentimes Jesus would withdraw from the crowds to a mountain alone. The Master understood that it was necessary to find a quiet place where He could rest, pray, meditate, and commune with God.

The Master has summoned you to this place, at this time, to commune with you. Hear what He would say to you. Catch a fresh glimpse of His glory. Embrace His presence and be led by His Spirit. It is my prayer that you will receive all that you need and more than you expected according to the will of our Heavenly Father.

In prayerful submission,  
Bishop Isaac R. Melton, Jr.



# Retreat Agenda Part A

Women in Ministry & Leadership Retreat 2025



TIME	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM		Joy in the Morning with Elder Joylette Hilliard → • <a href="#">Click Here for Details</a>		
7:30 AM	Coffee Service	Coffee Service	Coffee Service	Coffee Service
8:00 AM			Breakfast	Breakfast
9:00 AM	Breakfast	Breakfast		Worship with Elder Crystal Melton followed by Closing Remarks
9:30 AM			Queen's Personal Day • Spa • Beach • Hotel pool • Exercise • Shopping • Relax in your luxury suite • Read a book → • <a href="#">Click Here for Details</a>	
10:00 AM		Discussion #1 Obtaining and Maintaining Healthy Fulfilling Relationships Dr. Elaine Stevens		
NOON		Lunch Break: Vision Casting Mimosa Toast		Checkout
1:00 PM		Discussion #2 Restoring the Vessel: Wellness for Mind, Body and Spirit Elder Crystal Melton		
3:00 PM	Guest Arrive Registration Sign in	Break	Rejuvenate 2025	



# Retreat Agenda Part B

Women in Ministry & Leadership Retreat 2025



TIME	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:00 PM		Discussion #3 The Queen's Circle: Building Authentic Sisterhood in Leadership Facilitator: Deaconess Vernease Miller		
6:00 PM				
6:30 PM	Welcome Dinner followed by Weekend Overview and PJs & Pearls party	Dinner	Deluxe Motor Coach Transport to Dinner Venue	
7:00 PM			Vashti's Banquet Deaconess Vernease Miller, Speaker	
7:30 PM		Evening Song Dawn Anthony, Psalmist	<i>Rejuvenate 2025</i>	



**Dawn Anthony, Psalmist**, is a NC based performer, music educator, author, and playwright known for her dynamic contributions to arts and culture. With a passion for fostering connections across cultures, languages, and generations, she has spent over two decades enriching the Charlotte area through her artistry and teaching.

Dawn's musical, *The Gift Way Up in the Closet*, based on her children's book of the same name, premiered at the Fullwood Theater in Matthews, North Carolina, in 2019.

The production, co-created with S. Kristi Douglas, earned Best Short Play honors at Atlanta's Black Theater Festival in 2020.

Through her organization, DNA Muzic, Dawn integrates the historical roots of music into her teaching and performances, creating accessible and insightful

programs for diverse audiences. In 2024, she collaborated with Ocie Davis to honor Max Roach's centennial, celebrating his legacy alongside Abbey Lincoln's work for the Piedmont Jazz Alliance in Charlotte. She also partnered with the Rock Hill Symphony Orchestra to spotlight the music of the 1920s Jazz Age and the Harlem Renaissance.

Dawn's contributions have been widely recognized: she was named one of QC Metro's "Great 28" and nominated for a 2024 WFAE EQUALibrium Award for her impactful work in arts, culture, and education. She is also the co-founder of the Carolina Social Music Club with author Greg Jarrell, continuing her mission to explore and share the transformative power of music.

**Instagram:** @dnasings

**Website:** [DawnAnthonysings.com](https://DawnAnthonysings.com)



# Retreat Workshops

Designed for Women in Ministry and Leadership

Rejuvenate 2025



Retreat Workshops - These discussion groups will foster spiritual renewal, professional growth, and holistic rejuvenation for women in ministry and leadership through sharing common experiences and imparting best practices.

## **Discussion #1: Obtaining and Maintaining Healthy Fulfilling Relationships**

To obtain, build and maintain healthy relationships, we will talk about the key components that contribute to lasting relationships and get your questions answered about your own personal struggles and successes. *Facilitator: Dr. Elaine Stevens*

## **Discussion #2: Restoring the Vessel: Wellness for Mind, Body, and Spirit**

Women in Leadership often prioritize others, neglecting their well-being. This session highlights the importance of holistic wellness, offering practical tips for maintaining physical, emotional, and spiritual health. Explore how to make rest and self-care integral to your leadership journey. Psalms 119:143-144 *Facilitator: Elder Crystal Melton*

## **Discussion #3 - The Queen's Circle: Building Authentic Sisterhood in Leadership**

Description: This session explores the importance of sisterhood in ministry. Women leaders will learn how to cultivate deep, authentic relationships with other women in leadership to foster encouragement and support. Build a strong community of sisters who uplift each other, rooted in Thessalonians 5:11. *Facilitator: Deaconess Vernease Miller*

## **Author's Corner**

This will be an area set aside for the display of one book per author with information on how the book can be purchased.



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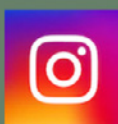
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# BOOK LAUNCH

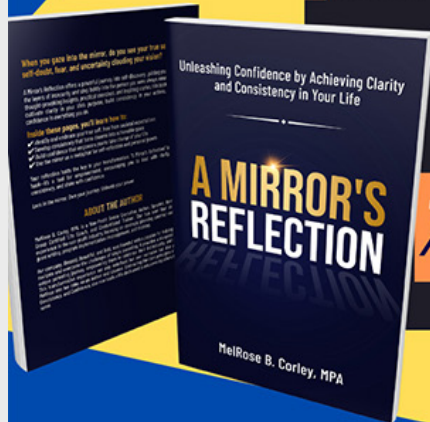
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Essential Personal Information - A Handbook for Sharing Business Records is designed to help you record, gather and keep track of business records. It is also a useful tool if a spouse, guardian, or state representative must manage your affairs should you become temporarily or permanently incapacitated.

Dr. Vernease Herron Miller is a retired university full professor and dean. She taught Law and Medical Ethics at the graduate level for over 30 years during which time she counseled students and many families on the importance of advance planning for unexpected circumstances.

Dr. Miller now speaks and writes about the lessons learned through her many years of experience.

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## 2025 Affirmations

2024 is out the door.  
I will thrive in 2025

*Deaconess Vernease Miller*

- I am a Queen, A Daughter of the King
- I am in Christ
- I am Happy
- I am Protected
- I am Guided by the Word of God
- I am Healed
- I am Strong
- I am filled with the Holy Spirit
- I am Deeply Loved
- I have a Support System
- I am Blessed beyond good measure
- I am who He says I am
- I will walk in confidence filled with purpose and not fear





# Thank You!

## Rejuvenate 2025

*Dear Queen,*

Blessings! We wanted to extend our heartfelt thanks for attending the Women in Ministry and Leadership Retreat. It was a true pleasure having you with us, and we are grateful for the positive energy and enthusiasm you brought to the experience.

Our goal was to create a space where you could unwind, recharge, and connect with like-minded servant leaders. We hope you are leaving feeling rested, relaxed, and rejuvenated. Your presence made the retreat truly special, and we hope the memories and insights gained during our time together continue to inspire and uplift you throughout the coming year.

Thank you once again for being a part of our retreat community.  
We look forward to seeing you at future events!

Your co-laborers in Christ,  
Deaconess Vernease Miller  
Elder Crystal Melton  
Dr. Elaine Stevens





# Special Thanks

*Rejuvenate 2025*

Special thanks to our amazing staff who captured the vision and executed perfection.  
They made the retreat truly a relaxing and comfortable experience.

Phaedra Clark – Event Organizer

Jeff Hunt – Chef

Teresa McClure – Sous Chef

Bernard McClure – Kitchen Steward

James Curenton – Photographer

Qiana Hasberry – Graphic and Web Designer



# Things to Do...

*Rejuvenate 2025*

Things to do in Myrtle Beach during free time:

**Spa:**

Cinzia Spa  
thecinziaspa.com  
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# Queens



## Queen Makeda aka the Queen of Sheba (9th Century BC)

(2 Chronicles 9:1-9) She was from Agama, Ethiopia. She ruled Ethiopia and Egypt for a combined 50 years. She took a journey from Ethiopia to Jerusalem with a large caravan of camels bearing spices, in particular frankincense and myrrh, gold, precious stones and other treasures worth about \$4 Million in modern terms to meet King Solomon. She heard about his great wisdom and the happiness of his subjects. King Solomon was delighted with her visit and "gave the

queen of Sheba all she desired and asked for, besides what he had given her out of his royal bounty. Then she left and returned with her retinue to her own country". (1 Kings 10:13 NIV) Before returning to her kingdom, she negotiated important trade route treaties and bore King Solomon a son.



## Queen Nefertiti, Queen of Egypt (Reigned c. 1353-1336 BCE)

Queen Nefertiti's name means "a beautiful woman has come." She was rumored to be Egypt's most beautiful woman. She was a queen, a priestess, a wife, a mother, a political revolutionary, a beauty icon, and a pharaoh all rolled into one. She ruled alongside her husband,

Pharaoh Amenhotep IV, whom she married when he was 15 years old, before he became pharaoh. They ruled as equals, had six daughters, and one son. They were the ultimate power couple.



## Queen Vashti, Queen of Persia (Esther 1:1-22)

Her name, Vashti, means "the beloved/desired one." She was married to King Ahasuerus of Persia. In the third year of his reign, King Ahasuerus gave a banquet for all the nobles and governors of the provinces. The festivities lasted 180 days (6 months). This was followed by a seven-day feast for all the people of the capital, Susa. After these long nights of drinking with his guests, Ahasuerus sent for Queen Vashti to appear before him and his guests wearing only her crown to

show off her beauty. When the queen refused, the King's advisors urged him to depose Vashti so their wives wouldn't be influenced to exercise their own independence. The king stripped Vashti of her title and issued a decree that "every man be lord in his own house." Later, when the king's anger cooled, he remembered Vashti and the decree he had ordered against her and he regretted his actions.



# Queens



## **Queen Charlotte of Mecklenburg-Strelitz (Birthday – May 19, 1744 – November 17, 1818)**

Wife of King George III whom she married at age 17 having never met him before her wedding (six hours after they first met). She was the longest serving Queen Consort of the United Kingdom of Great Britain and Ireland, having been married for 57 years. She was also the mother of 15 children. In December 1800 Queen

Charlotte set up the first known English Christmas tree at Queen's Lodge, Windsor. The practice of decorating a tree became popular among the British nobility and later spread to the colonies. Many places around the world are named after Queen Charlotte including Charlotte, NC.



## **Queen Dihya Al-Kahina (Early 7th Century – 703 AD)**

This warrior queen was fearless. She led the resistance against Arab invasion of North Africa. The queen ruled over a Judaized Berber tribe in modern-day Algeria's Aures Mountains. She is described as being a "tall very dark-skinned woman with great (dreadlocks) of hair with huge eyes" who adorned herself with jewelry. She was

believed to be a prophetess, a spiritual gift that allowed her to see and prepare for upcoming battles. She is the most legendary figure in all ancient North African history, a symbol of strength and female empowerment today.



## **Empress Taytu Betul (1851 – February 11, 1918)**

Taytu Betul was a formidable Ethiopian Empress who fought colonization. The extraordinary queen reigned for 14 years, during which time she led her troops in a memorable battle and negotiated peace treaties. She

founded and established Ethiopia's modern capital city, Addis Ababa, during the country's territorial expansion. She contributed significantly to Ethiopia's reputation as the only African nation that has never been colonized.





# *Queen Vashti's Banquet*

Welcome & Roll Call of Queens

Prayer

Dinner

Special Presentations

Dessert

Reading of the Scripture

Esther 1: 1—2:1 MSG

Introduction of Speaker – S. Kristi Douglas

Message – Deaconess Vernease Miller

Words of Gratitude – Elder Crystal Melton

Closing Prayer

## *Rejuvenate 2025*







# *Rejuvenate 2025*

## *Sunday Worship Service*

Call to Worship

Reading of the Scripture

Introduction of the Preacher

Solo – Cynthia Jones

Message – Elder Crystal Melton

Closing Remarks – Deaconess Miller

Closing Circle Prayer and Benediction